

Get Engaged Pensacola Recipes

BANANAS FOSTER FOR TWO NANCY AND GUY SILIVOS

Ingredients:

2 bananas, firm, ripe, cut into pieces
2 tablespoons brown sugar
2 ounces butter
2 ounces dark rum
Pinch ground cinnamon
Vanilla icecream

Instructions:

In a sauté pan melt the butter over moderate heat. Add brown sugar and cinnamon, Mix until well combined. Add bananas, cook 1-2 minutes, turning bananas carefully. Add rum, heat and ignite, shaking pan gently until flame subsides. Serve the bananas over ice cream.